

Tibenham Tidings

News from the Parish Council and the Community Hall Committee

Newsletter – Spring 2019

Welcome to the fourth edition of Tibenham Tidings, which is a joint effort by Tibenham Parish Council and the Community Hall Management Committee.

We would like to dedicate this edition to the memory of **Sheila Gardner**, who passed away on 24th December 2018. Sheila was a great supporter of virtually everything happening in and around the village, particularly at the Community Hall. Her hard work and cheerful disposition have been very much missed since she became too unwell to attend as many events as she wanted to.

Please do talk to us about our newsletter, including any ideas or contributions for future editions, and ideas on how we can improve the content or how it is presented.

Gareth Roderick-Jones
Chair, Tibenham Parish Council



Included in this issue:

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Tibenham's Footpaths ✦ New Housing in Tibenham
What's On At The Community Hall ✦ Play Equipment

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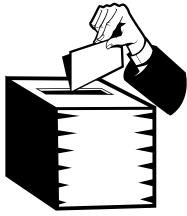
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Local Government Elections



On 2 May the country goes to the polls to elect Parish Councillors and District Councillors. As a result of a boundary review in 2017, the Parish of Tibenham has been taken out of the Bunwell Ward, and after the elections it will be part of the Bressingham and Burston Ward, which includes Gissing, Winfarthing and Heywood. For day to day matters this will have little effect on most residents, particularly because Councillor Easton has already said that he does not intend to stand again for the Bunwell Ward, so we would have had a new District Councillor anyway, even without the ward change.

We will not need to vote for Parish Councillors this time around, as we do not have enough candidates to trigger an election, but you will soon receive information on the election of District Councillors from South Norfolk District Council. Please see their website for more information.

Annual Parish Meeting

Every year, the Chair of the Parish Council invites residents of the parish to attend the Annual Parish Meeting. All individuals and members of organisations based in Tibenham are welcome to attend. The meeting is an opportunity for residents to find out what is happening in their community, to ask questions and to make their views known. Decisions on how we spend your money, and what improvements we carry out on your behalf are based as far as possible on what you tell us, so do come along to tell us your thoughts or just to listen if you prefer, in a relaxed and friendly gathering.

If any local organisations or businesses would like to give everyone an update on their activities in 2018/19 or their plans for the forthcoming year, please let the parish clerk know.

This year, the Annual Parish Meeting will be held at 7.00pm on Wednesday 8 May, and will be followed at approximately 7.30pm by the Annual Meeting of the Parish Council. Residents are welcome to stay on for the second meeting, or can leave after the APM.

Speeding through Tibenham

We mentioned in the last newsletter that we were going to monitor traffic through Tibenham, with help from **Norfolk Police**, after some complaints about speeding vehicles. The survey has now been completed, and the conclusion is that there is an insufficient number of incidents to warrant further action at this time, though we will of course continue to monitor. The survey report is on the Parish Council's website (under "**News**") if you would like more detail.

Parish Council Portion of Your Council Tax

At the January meeting of the Parish Council, we spent a considerable amount of time looking at our expenditures for the past year, and at our estimated budget for the 2019-20 financial year. Over the last few years, the grant which comes from central government to support local councils has been progressively reduced, and now stands at zero. It has become clear that in order to match our day-to-day needs to our income, we need to increase the amount that householders are charged, and so we decided to increase our demand by an amount which equates to 4p per week, per household (based on charges made on Band D properties).

We are happy to talk to you about how we spend your money. Why not come along to the **Annual Parish Meeting** to see us?

Vacancy for Parish Councillor

Tibenham needs two more **Parish Councillors** to be able to function as it should. We would love to hear from people who think they might fit the bill. There are no qualifications other than living or working in or near Tibenham (within 3 miles) over the past 12 months, and being prepared to sacrifice a couple of hours a month. We meet every other month, and occasionally we have to look at planning applications or other documents online, so computer access is a plus. Other than that, we all learn as we go along, so nobody expects new Councillors to be instant experts.



To find out more, please speak to the clerk, Marianne, or any of the Parish Councillors. If you come along to the Annual Parish Meeting or any of our Parish Council meetings, you will be able to see us at work and get a better idea of what we do. You can make a difference to your community.

How to use the Community Defibrillator

If someone has what appears to be a cardiac arrest, this is what you do:

- **Stay with the patient**
- **Call 999 without delay**
- **Follow the emergency operator's instructions**

The emergency operators are highly trained in these situations, and will tell you if you need to go and fetch a defibrillator. If this is the case, they will tell you the location of the nearest one, and the code to open the cabinet. They will walk you through everything you need to do in language that everyone can understand.

Community Litter Pick

Each year, South Norfolk Council sponsor community litter-picks throughout the district, and a group of Tibenham volunteers have taken part for the last four years. This year's Community Litter-pick took place on Saturday 16 February, and despite claims that there wouldn't be much litter to pick up, we collected 30 bags of rubbish for South Norfolk to cart away, plus the usual television, car tyres etc. Once more we would like to give a special mention to Florence Pike, who is not only our youngest volunteer at seven years old, but also our most regular supporter, having taken part in all of our litter-picks to date. Well done, Florence!



Incidentally, it is well worth reporting fly tipping as soon as it is spotted, because fly tipping often attracts more fly tipping. South Norfolk normally react quite quickly and come and clear it within a day or two. You can report this online or by calling **01508 533701**, but please note they will only collect fly tipping if it is on the highway - that is, on the road or on the roadside verge. They will not help out if it is any distance from the road, on private land.

Community Noticeboards

The Parish Council has recently provided two new noticeboards for residents' use. One of them is attached to the wall of The Black Barn in The Street, next to the postbox, and the other is on the outside wall of the Greyhound. In each case, the left-hand part is reserved for Parish Council notices and information, and the right-hand part is for the use of other organisations or individuals. Everyone is welcome to use either or both of the noticeboards, but space is limited, and some current notices have been covered by other people's signs, so we would like to ask people to restrict the size and number of notices they put up at any one time - A5 should be big enough for most purposes. We would also ask people to remove their old notices as soon as they become out of date, to create some space for others.

Tibenham Footpaths

Efforts continue to keep our footpaths open for residents and visitors to enjoy, and we are working with Norfolk Ramblers and Norfolk County Council to achieve this. Some of our favourite footpaths are kept open by volunteers working individually or as working parties. If you spot any footpaths in the network which are in need of attention, please let us know and we will see what we can do. We will probably be calling for volunteers later in the year to help clearing overgrowth to make sure the paths are usable next winter.

As always, we would like to remind footpath users that most of our footpaths run over privately-owned land, and to respect the rights of the landowners - dogs have to be on leads if there is any danger of them damaging crops or if there is livestock nearby. And dog owners have to clear up after their dogs. In return, landowners have to maintain our footpaths in a usable condition.

Please report any problems with footpaths - missing or damaged signs, crops encroaching, missing or damaged bridges, obstruction by gates or stiles - to Norfolk County Council by calling 0344 800 8020, emailing information@norfolk.gov.uk, or online at www.norfolk.gov.uk and searching "public rights of way". The interactive map is a bit clunky, but it does work eventually. Online reporting can be done anonymously if you prefer.

The boardwalk on Slough Lane, which a group of volunteers installed in the autumn, has already proved its worth, keeping this lovely walk open through the winter for residents to enjoy. Its design means that it can be extended at either end if we see a need for that in the future, though we haven't really had a particularly wet spell since it was built, so we will continue to monitor its success. Do let us know what you think.

New Housing for Tibenham

We were hoping to meet a Saffron Housing Trust representative at our March 2019 Parish Council meeting, but unfortunately, he was unable to attend. However, he did send us a sketch map of their latest proposal, and it's starting to look like a proposal that the Parish Council will feel able to agree to.

As mentioned in previous newsletters, the proposal from Saffron is based on a housing needs survey carried out in Tibenham and also in surrounding communities. The outcome of the survey was the identification of Tibenham as the most suitable village in the area to have additional housing, and the survey also indicated a need for affordable family homes. The current proposal is for eight 2-bedroom homes and two 3-bedroom homes, to be sold on a shared ownership basis.

The proposal as it stands is still quite sketchy, but residents are invited to come and discuss the plans with us at the Annual Parish Meeting on **8 May 2019** - please mark your calendar now. You can also give us some ideas about what benefits you feel the developers should bring to our community: what improvements would you like to see around the parish?

ABSEILING

**All Saints Church Tower, Tibenham
11th May 2019**

FANCY ABSEILING?

Why not try it and get sponsorship to raise money for the two churches.

Aslacton and Tibenham churches have arranged for qualified mountaineers to enable 30 people to abseil down the tower. One at a time!

Children big enough to use the safety harnesses are welcome.

Contact Brenda at: bpratt.railtons@btinternet.com

TIBENHAM COMMUNITY HALL

Welcome to the fourth edition of “**Tibenham Tidings**”, the joint newsletter with the Parish Council. As an organisation we aim to work with the Parish Council and any other group or organisation in or near to the village.

The Community Hall is a Charity registered with the Charity Commission, and we have to report on the Hall annually to the Charity Commission.
Charity No. 1064012

I have to say, it has been a good time for the Hall since the last edition, with events and activities still being well attended and, more importantly, enjoyed by those who come along. However, there are many people in the Village who do not support or use the Hall, which judging by comments from those who do come along is a fantastic facility with a reputation for a warm welcome and great food. If you have never been, why not come along to one of the events in 2019 and see whether you would enjoy it. Many people from outside the village do come to the Hall events and enjoy themselves.

We have prepared a comprehensive **programme of events** at the Hall in 2019 hopefully to meet many peoples taste, and this is listed below.

The **Tibenham Café** – usually held on the last Saturday in the month - has been a particular success with people. It is regularly attended by over 50 people who come along for a light lunch, refreshments, and a chance to sit down and chat. There are stalls, book sale, the 100 Club Draw and also other activities taking place. This is a great venue to meet your friends over great value food. The event in May is being held on the third Saturday, **15th May**, to avoid clashing with the Bank Holiday, and we don't normally run the café in August.

We have continued the programme of **Well-Being** with an event dealing with **Loneliness and Rural Isolation**, a major issue in the rural environment. The event was well attended by the Public, a representative from Health Watch who spoke about the new NHS 5-year plan, and many people from the Voluntary Sector and Norfolk County Council. They are all involved in developing programmes to improve the situation in a more “joined up” fashion.

At the Hall we have introduced a programme of events during the day and evening to provide activity, company and get people to meet.

The “**light exercise**” class every Tuesday at 10am, costs only £2.50 led by a professional trainer.

There is also the “**drop-in café**” every other Thursday at 10.30am, which gives everyone a chance to pop in and discuss issues they may have over refreshments.

On the fourth Monday of the month during the winter there is a “**games afternoon**” between 2 - 4pm where you can join in card and board games for a relaxing afternoon once again over refreshments for only £2!

There is also a library of information on Health and Well Being in the foyer at the Hall if you need any help.

Short-Mat bowls is held every Wednesday afternoon from 2 – 4pm for £2, and there are **Community Badminton** sessions on Tuesday and Thursday at 5.30 -7.30pm, £2.50 per session. Come along and get fit, all abilities are welcome.

The hall runs two sessions of what we call **Community Badminton**, Tuesday and Thursday evening between 5.30pm - 7.30pm; these are open to anyone who wishes to play. Although we do not differentiate, the Tuesday session is mainly female, and Thursday mainly male, but this is not always the case. We have room for more players to attend.

We also run a **Luncheon Club** on the second Monday of each month, for older people to get together. Booking is essential through Joan Woodcock on **01953 860271**. The kitchen is regularly inspected by South Norfolk Environmental Health to ensure standards are maintained. For many years we have been classed as 5 Stars, this has continued this year with a new award of **5 Stars**.

If you want any further information about events at the Hall or availability of the Hall please look at our web site

www.tibenhamcommunityhall.org.uk where there is much more information.

Managing the Community Hall

As a registered Charity we have to report annually to the Charity Commission, and we aim to keep the hall in excellent condition. The existing management committee currently consists of only 9 people, who are assisted at events by a number of regular volunteers. However, there are vacancies on the committee for members who would like to put something back into the community. More help will be very welcome because two Committee Members are stepping down at the end of 2019 after 10 years' service to the Hall. There is always a need to have more volunteers who can either help at events, make cakes or do some of the minor maintenance work at the Hall, especially gardening. We are a very friendly group and welcome anyone who wishes to do some volunteering. I can say it is very rewarding and certainly gets you to know many other people.

Our Big Project for 2019 - Replacing the existing playground

I make no apology for repeating this message in this magazine to everyone as the Hall Committee believes that providing a new playground is so important to the Village.

The current playground equipment consists of two double swings, one junior, one senior and slide on a fort-like structure. This is a wooden construction which has been on this site for at least 20 years. There is also a steel Basketball net, and goal. The equipment is maintained and has been inspected annually by the Royal society for the Prevention of Accidents (RoSPA), who report on the condition. Their report from 2018 says that the wooden equipment is showing deterioration to a point where it requires replacement within the very near future.

Children are not well catered for in Tibenham for play facilities, and the current playground at the Hall is old, inadequate and does not provide enough of a good play experience for children, although it is still well used by local families.

This project aims to enhance the fitness and well-being for all age groups; to improve children's play experiences; and to provide an improved facility that will be welcomed and used by the whole community. Play is often better when shared.

Our project is ambitious in that we are setting out to provide something for everyone: from toddlers to mature people, including the disabled. We have had initial costings and have an outline idea of what we are seeking to do, but the final decision is with the people helping us to choose. We are also looking at outdoor gym equipment.

Following discussions last year, we are about to consult about choosing what equipment is required, and a number of people have volunteered to get involved and provide input and expertise into this part of the process. This is now underway, although if you would like to take part you can still contact me e-mail timson25@btinternet.com.

This next survey will take place at the **Tibenham Café from March through to June, the Tibenham Festival at the Greyhound, and at the Family Fun Day on 22 June at the Hall.**

We will need a lot of support / help throughout this project and – as well as applying for grants -we will have to raise funds and try to get sponsors on board. So, we would like to invite any business in Tibenham and its environs who would like to support this project in some way to also get in touch.

This is your chance to help provide a better future for people of all ages – especially children - in Tibenham and the surrounding area.

Upcoming Events:

Prize Bingo Friday, 12 April from 7pm-10pm
Great prizes and a chance for the whole family to enjoy the evening.

The Village Quiz & Supper Friday, 26 April at 7pm

For teams of six, £6 per person including supper, no need to be in a team there are always places spare in other teams. The Bar is open. There is a further Quiz Night in November.

The Tibenham Café Saturday, 27 April. 11am-2pm
There will be stalls, a book sale and Consultation on the new playground at this Café. This is a regular event normally on the last Saturday of the month.

The Tibenham Café Saturday, 18 May from 11am-2pm

Summer Barn Dance Saturday, 1 June 7pm - 10pm

With "The Bacon Butty Band" live music and a great family evening from 7-10pm. Tickets £7.50, Children U12 £2.50. Tickets from Joan Woodcock 01953 860271

Family Fun Day Saturday, 22 June at the Hall 2pm-4pm

An afternoon of fun for the family, all games suitable for children especially, refreshments available and Bar is open.

The Tibenham Café Saturday, 29 June from 11am-2pm.

Produce & Craft Show Saturday, 21 September 10am-12pm

A chance to show off your gardening and craft skills. Entries 50p, children free, between 10.00-12.00, judging 12.00-2.00, viewing 2-4pm. You can collect your exhibits at 4pm, or leave them for the Auction later.

Harvest Supper Saturday, 21 September 7pm

Come and enjoy a seasonal meal and join in the Auction of items from the Produce Show. Bar is open.

Report A Problem

A lot of common problems can be reported direct to the right people by members of the public either online or by telephone. You are also welcome to inform the Parish Council that you have reported a problem in case the problem needs to be followed up in the future.

Fly Tipping and Littering www.south-norfolk.gov.uk enter “fly tipping” in the search box and choose “fly tipping” or “littering” and enter the details online or call **01508 533701**

Potholes and Road Surfaces www.norfolk.gov.uk enter “pothole” in the search box and select either “potholes” or “report a problem” for other issues, and enter the details online or call **0344 800 8020** (working hours only) or email **information@norfolk.gov.uk** with name, address, telephone number and postcode

Obstructed Verges, Overgrown Hedges & Trees www.norfolk.gov.uk enter “verges” and select “Trees, Hedges and Verges” – at the bottom of the page select “report a problem” and enter details online or call **0344 800 8020** or email **information@norfolk.gov.uk** with name, address, telephone number and postcode

Hare Coursing If you suspect hare coursing is happening now, call **999**
If you suspect hare coursing has happened recently, call **101**

Police Emergency call **999**

Police Non-Emergency call **101** (including reporting traffic infringements)

Power Cut call **105**

Flooding www.norfolk.gov.uk enter “flood” in the search box and select “Report a Flood” or call **0344 800 8020** (working hours only) or email **information@norfolk.gov.uk** with name, address, telephone number and postcode

Stray Dog or Lost Dog www.south-norfolk.gov.uk enter “stray” in the search box and select “stray and lost dogs” or call **01508 533701**

Footpath Problems (Overgrown/Bridge Damaged or Missing/Sign Missing etc) www.norfolk.gov.uk enter “public rights of way” and then select “about public rights of way” or scroll down to the map and click on the map to report a problem or call **0344 800 8020** (working hours only) or email **information@norfolk.gov.uk** with name, address, telephone number and postcode

Damaged Road Signs www.norfolk.gov.uk enter “road signs” in the search box or call **0344 800 8020** (working hours only) or email with name, address, telephone number and postcode to email: **information@norfolk.gov.uk**

Damaged or Missing Street Nameplates www.south-norfolk.gov.uk enter “street nameplate” in the search box, choose “Street Naming and House Numbering” and find “report a problem to us” or call **01508 533701**