

Tibenham Tidings

News from the Parish Council and the Community Hall Committee

Newsletter – Spring 2018

Tibenham Parish Council and **Community Hall Committee**
have worked together to produce this joint community newsletter.

We plan to put out a newsletter for you twice a year, and would welcome ideas from you as to what should or should not be included in future editions.

We could also do with some ideas for a good name for the newsletter - if you think of one, please let us know.

Like most things in a rural community like ours, the newsletter has been compiled and distributed by volunteers. Could you give us a hand? Please get in touch.



Included in this issue:

**Defibrillator Training ♦ Council Tax ♦ How To Report A Problem
♦ Big Litter Pick ♦ Tibenham's Footpaths ♦ A short report from
Tibenham Community Hall ♦ What's On At The Community Hall 2018**

Contact Information

Tibenham Parish Council

Website: <http://tibenhampc.norfolkparishes.gov.uk/>

Email: tibenhamparishclerk@outlook.com

Tel: 07796 174255 (Clerk)

Clerk – Marianne Purdy

Chairman – Gareth Roderick-Jones

Vice-Chairman – David Timson

Member – Gemma Lambert

Member – Auriel Mephram

Member – Robert Smith

Member – Alan Harris

Tibenham Community Hall

Website: <http://www.tibenhamcommunityhall.org/>

David Timson: 01379 677674 - timson25@btinternet.com

Joan Woodcock - 01953 860271

Did you know Tibenham has a Public Access Defibrillator for emergency use by anyone?

A defibrillator is a device that gives a high energy electric shock to the heart through the chest wall to someone who is in cardiac arrest.

This high energy shock is called defibrillation, and it's an essential lifesaving step in the chain of survival.

There are many defibrillators available in public places such as train stations, shopping centres, airport and leisure centres: **ours is on the wall outside the Greyhound Public House.**

These defibrillators are often known as public access defibrillators (PAD) as anyone can use them in an emergency. You shouldn't be afraid of using a defibrillator if someone has had a cardiac arrest.

Defibrillators are very easy to use. The machine gives clear spoken instructions.

You don't need training to use one but to help give you confidence the Parish will be offering a short training course for anyone interested. The course will be running on **Saturday, 28th April 2018 at 2pm-4pm** at Tibenham Community Hall in conjunction with the Tibenham Village Cafe and, of course, will be free of charge. Hopefully you'll never have to implement your training but better to know than not.



Always remember though to phone 999 first!

Vacancy for Councillor on Tibenham Parish Council



Many smaller rural parishes struggle to fill seats on their parish councils. In Tibenham we are fortunate to be short of just one councillor at the moment, and we would very much welcome enquiries from anyone living or working in or within 3 miles of Tibenham and who might be able to spare a small amount of time – normally only a couple of hours a month, if that – to help to support the community.

Have a look at our website, and that will give you contact information for our councillors and clerk, who will be happy to answer any questions you may have. Alternatively, just turn up, without obligation, and observe one of our meetings – members of the public are invited to all our meetings anyway.

Increase in Parish Portion of Council Tax

Local councils – parish councils and town councils – receive most or all of their funding from their district council (in our case South Norfolk District Council). Extra funding for infrastructure improvements can also come from our District Councillor or County Councillor, and occasionally from commercial sources who may fund, or part-fund, particular projects which benefit a whole community.

Funding for local government decreases every year: central government cut county budgets, county councils cut district budgets, and district councils cut grants to parish and town councils. For parish councils, at the bottom of this heap, costs increase – insurance premiums, for example, increase every year just the same as they do for most householders. The cost of printer ink, stamps, dog bin emptying, banking, maintaining our defibrillator, and everyday repairs all compete for space in a very small budget. Therefore, the parish council have decided that the parish portion of our council tax has to increase, just as this decision was also reached at county and district levels. Fortunately, we have been able to hold the increase to no more than £2.90 per household per year for the parish portion of a Band D charge.

Help to Decide How the Parish Council Spends Your Money

Every year, the Chairman of the Parish Council invites all residents of the parish, and all organisations based in the parish, to attend the Annual Parish Meeting. This is a great opportunity for everyone to get together and tell other people what they or their organisations have achieved and hope to do in the year ahead, to ask questions, get information and make their opinions heard – including how you think the parish council should be spending your money, and what you think the priorities in the parish should be.

We think we are making progress in the community, but perhaps you can see something we have missed. If you believe in grassroots democracy, your chance to put this into action will be on **Wednesday, 9th May 2018 at 7.30pm** at **Tibenham Community Hall**. As it is not easy to contact everyone individually, please accept this notice as your invitation as an individual or as a representative of an organisation. Please mark your calendar.

Parish Council Meetings 2018

The Parish Council meets at **Tibenham Community Hall** at **8.00pm** on the second **Wednesday** of every other month.

Everyone is welcome to attend the meetings but, whilst members of the public cannot participate in the meeting, a short period of time is given for the public to air their views on matters directly related to the Parish Council.

14th March at 8.00pm

9th May - **Annual Parish Meeting 7.30pm** followed by Parish Council meeting 8.00pm

11th July at 8.00pm

12th September at 8.00pm

14th November at 8.00pm

Website Image

We are conscious of the fact that the image on the front of the Parish Council website is not of Tibenham. If anyone has a nice photograph of a Tibenham scene they would be happy for us to use, please send to Marianne at tibenhamparishclerk@outlook.com

Report A Problem

A lot of common problems can be reported direct to the right people by members of the public either online or by telephone. You are also welcome to inform the Parish Council that you have reported a problem in case the problem needs to be followed up in the future.

Fly Tipping and Littering www.south-norfolk.gov.uk enter “fly tipping” in the search box and choose “fly tipping” or “littering” and enter the details online or call **01508 533701**

Potholes and Road Surfaces www.norfolk.gov.uk enter “pothole” in the search box and select either “potholes” or “report a problem” for other issues, and enter the details online or call **0344 800 8020** (working hours only) or email information@norfolk.gov.uk with name, address, telephone number and postcode

Obstructed Verges, Overgrown Hedges & Trees www.norfolk.gov.uk enter “verges” and select “Trees, Hedges and Verges” – at the bottom of the page select “report a problem” and enter details online or call **0344 800 8020** or email information@norfolk.gov.uk with name, address, telephone number and postcode

Hare Coursing If you suspect hare coursing is happening now, call **999**

If you suspect hare coursing has happened recently, call **101**

Police Emergency call **999**

Police Non-Emergency call **101** (including reporting traffic infringements)

Power Cut call **105**

Flooding www.norfolk.gov.uk enter “flood” in the search box and select “Report a Flood” or call **0344 800 8020** (working hours only) or email information@norfolk.gov.uk with name, address, telephone number and postcode

Stray Dog or Lost Dog www.south-norfolk.gov.uk enter “stray” in the search box and select “stray and lost dogs” or call **01508 533701**

Footpath Problems (Overgrown/Bridge Damaged or Missing/Sign Missing etc) www.norfolk.gov.uk enter “public rights of way” and then select “about public rights of way” or scroll down to the map and click on the map to report a problem or call **0344 800 8020** (working hours only) or email information@norfolk.gov.uk with name, address, telephone number and postcode

Damaged Road Signs www.norfolk.gov.uk enter “road signs” in the search box or call **0344 800 8020** (working hours only) or email information@norfolk.gov.uk with name, address, telephone number and postcode

Damaged or Missing Street Nameplates www.south-norfolk.gov.uk enter “street nameplate” in the search box, choose “Street Naming and House Numbering” and find “report a problem to us” or call **01508 533701**

Tibenham's Big Litter Pick 2018

Saturday, 17th March 10am

Fun, gentle fresh air, exercise, family-friendly and good for your community and the environment – what else could you want? Bring some sharing food for the pub afterwards. Hi-vis vests, litter pickers and bags provided (but do bring your own if you have them). We meet at the **Tibenham Greyhound** at **10am** and aim to be back there at about 12. Last year we collected over 20 bags of rubbish and recyclables ... there's plenty out there, so everyone is welcome!



Parish Council Website

Our website has now been up and running for ten months – and we welcome any suggestions from you on what information you'd like to see on there. The website isn't only for details about Parish Council meetings, but it also contains a wealth of information such as:

- ❖ **News** – Road closures in Tibenham, newsletters from South Norfolk Police, information from South Norfolk Council.
- ❖ **Information** – Details on South Norfolk's out of hours services for the over 65s, mobile library information.
- ❖ **Emergency Details** – A list of all the emergency numbers you might need.
- ❖ **Report a problem** – Who to get in touch with for issues such as fly-tipping, pot holes, hare-coursing, flooding etc.

You will also find details of all agendas, minutes, finances, policies and much more relating to Tibenham Parish Council.

Public Consultation: Greater Norwich Local Plan

Members of the public are invited to look at the Greater Norwich Local Plan at <http://www.gnlp.org.uk/> and can voice opinions on any part of the plan online via the website, or by calling 01603 306603, by 22nd March. Following a recent call for sites, a number of locations have been identified as possible development sites, including one in Tibenham, on Cherry Tree Road.

Tibenham's Footpaths



A small army of volunteers did a terrific amount of work with power tools, hand tools and bare hands last autumn and made a considerable difference to the usability of Tibenham FP20 and FP30 – in other words, Narrow Lane and Slough Lane. One individual also applied for a grant from Aviva for the improvement of Tibenham's footpaths, and we have just had confirmation that the parish council will receive £300 towards this work.

At present (early February) we have permission from the county council to carry out some work on Slough Lane, and we are considering two schemes to make Slough Lane usable all year round – currently the bottom 50 metres or so is under water – which would involve either digging out drainage on either side of the walkway, or constructing a boardwalk to allow walkers to keep their feet more or less dry. There are plenty of other public rights of way in our parish, and if you have any in mind which need attention or could do with improvement, please do get in touch.

Unfortunately, as we are putting in time and effort to improve the footpaths, there are those intent on spoiling them for everyone. There have recently been a greater number of complaints about dog owners who allow their dogs to foul our public rights of way. Dog faeces can spread disease, and they are unsightly and off-putting. A number of people are allowing their dogs to foul right in the middle of where people walk. We appeal to all dog walkers using our footpaths to be aware of what your dogs are, and what they are doing, at all times. If they make a mess (which they all do sometimes), clean up after them. There are dog bins on Mill Road and The Street at the end of Narrow Lane, or put the bag into your own black bin when you get home.

Tibenham Community Hall



www.tibenhamcommunityhall.org
Email: tibcommhall@hotmail.co.uk



Tibenham Community Hall - A short report on 2017

As a Charity registered with the Charity Commission we are required to provide a Trustees report to the Charity Commission every year. This is presented in total at the Hall AGM on **Tuesday 17 April at 7.00pm** held at the Hall. Everyone is welcome to attend and see what is going on. This is short version of the report for information.

The Community Hall is run by a small management committee who form the Trustees of the Charity, supported by a number of volunteers. It was opened in 2003. The Committee work to a number of objectives to make best use of resources

1. To manage Tibenham Community Hall for the use of all inhabitants of Tibenham and around without distinction.
2. To provide a welcoming environment for people to gather.
3. To provide a wide range of opportunities for leisure and well-being for all, through both our own resources and bought in services.
4. To provide a venue for Events, Parties, Weddings, Teaching and Conferences
5. To provide a Hub of information relating to Health and Well-being for the use of everyone in the Village and around.
6. To increase usage of the Hall by the Community.

Regular Activities provided by the Hall:

- Sports and leisure— Twice-weekly Badminton sessions, weekly short mat bowls
- Quiz nights, Bingo, History Group, Craft Club, 'tea and games' afternoon
- A monthly Luncheon Club and a monthly Café
- Annual events for Social gathering, Produce Show and Harvest Supper, Family fun day, Christmas Fayre and Craft sale, Christmas Celebration

Other regular events not supplied by the Hall directly:

- Camera Club, Stained glass group, Badminton,
- Pilates, Fit-Steps, Line Dancing, and other private events

Partners: There is a good working relationship with the Parish Council who own the land on which the hall is built. The Parish Council also provides financial support to the Committee to maintain the grounds. This newsletter is also a result of this close working.

Challenges: Like all organisations in the Voluntary Sector the Committee still has vacancies for members. The Committee relies heavily on “Friends” of the hall to support the management of events, we could do more at the hall if we had more support. We have worked to increase numbers and some small gains have been made in 2017. Having lost our Publicity Officer in 2017, we struggle to keep this ongoing, and are seeking to find someone to take on this role, and more volunteers to help run the Hall.

As part of the Caring programme we are seeking to help people overcome the challenges of rural isolation and loneliness. A “Think Carers” event was held in March 2017 and over 75 people attended from Tibenham and 14 surrounding villages supported by professionals from Health and Social Care and local voluntary groups. This provided a venue to enable providers to show what services were available and the health professionals to understand the issues about living in a rural environment. We started a project in 2016 to redevelop the children’s playground but did not progress due to a lack of volunteers to take this on, but this is still one of our priorities.

The Hall also suffers from a lack of storage for equipment, and plans were drawn up a few years ago to build an extension at the end of the main hall, this still remains a priority.

General Summary: Footfall in 2017 has remained steady. The Craft Group has provided a further three meetings every month and has a good regular group of people. This group will be independent of the Committee from 2018 and has obtained a grant for equipment to expand its role.

A “Think Carers” event was held in March 2017, with over 75 people attending linking People with Health and professionals and the voluntary sector. An additional grant financed a 5-ways to Well Being Group facilitated by Norfolk County Council. Another event will take place on March 22nd in 2018 led by the Committee looking to improve our village sustainability.

The monthly Luncheon Club, providing a cooked lunch and dessert, has now been running for over 14 years and is well supported by up to 30 regular attendees

Overall, we consider 2017 a successful year in maintenance terms, footfall and financial stability. The Café has provided a regular venue, with up to 60 people attending at this monthly Saturday lunch-time event. The Hall has gained a reputation for being a welcoming and friendly environment with many people from surrounding villages attending events. The Hall was redecorated internally, and new LED lighting installed throughout to reduce energy costs. Maintenance of the Hall is a priority and regular checks are carried out.

Calendar of Events at the Hall in 2018

Carers / Well Being Event	Thursday 22 March 10.00am for 10.30am
Prize Bingo	Friday 23 March 7.30pm
Community Hall AGM	Tuesday 17 April 7.00pm
Village Quiz Night and Supper	Friday 20 April 7.30pm
Family Fun Day	Saturday 2 June 2.00pm- 4.00pm
Prize Bingo	Friday 22 June 7.30pm
Annual Flower, Produce and Craft Show	Saturday 15 September 10.00am for exhibits
Harvest Supper and Auction	Saturday 15 September 7.30pm
Autumn Craft Fayre	Saturday 6 October 10.00am - 2.00pm
Village Quiz Night and Supper	Friday 23 November 7.30pm
Prize Bingo	Friday 30 November 7.30pm
Christmas Starts Here Musical Evening	Saturday 1 December 7.00pm

Café Dates, all on Saturdays 11.00am – 2.00pm in the Main Hall

24 February, 24 March (Early to avoid Easter BH), April 28, May 26, June 30, July 28, No Café in August (Summer Break), 29 September, 27 October, 24 November, no Café in December as usual.

There are many other regular activities every week as listed above, please check our website on the calendars for availability of the hall for hiring or if you wish to attend one of the activities.

www.tibenhamcommunityhall.org or contact Joan Woodcock on 01953 860271